



# CREATING WELCOMING SPACES for all **TENNESSEANS**

Changing tables don't usually make headlines. Yet to parents and caregivers, they can be extremely important.

For babies and small children, changing tables are typically easy to access at rest stops, restaurants, and big brand retail stores.

Now imagine caring for a teen or adult with disabilities or physical immobility. Changing tables to support them are much harder to come by, forcing people into unsanitary and undignified positions, like using the trunk of a car or the restroom floor. The stress of this scenario can often keep individuals from going out in the first place.

We are proud to unveil a new adult changing table at Natchez Trace State Park, made possible by the Tennessee State Parks Conservancy, Tennessee State Parks, and a \$5,000 grant from the Department of Intellectual and Developmental Disabilities.

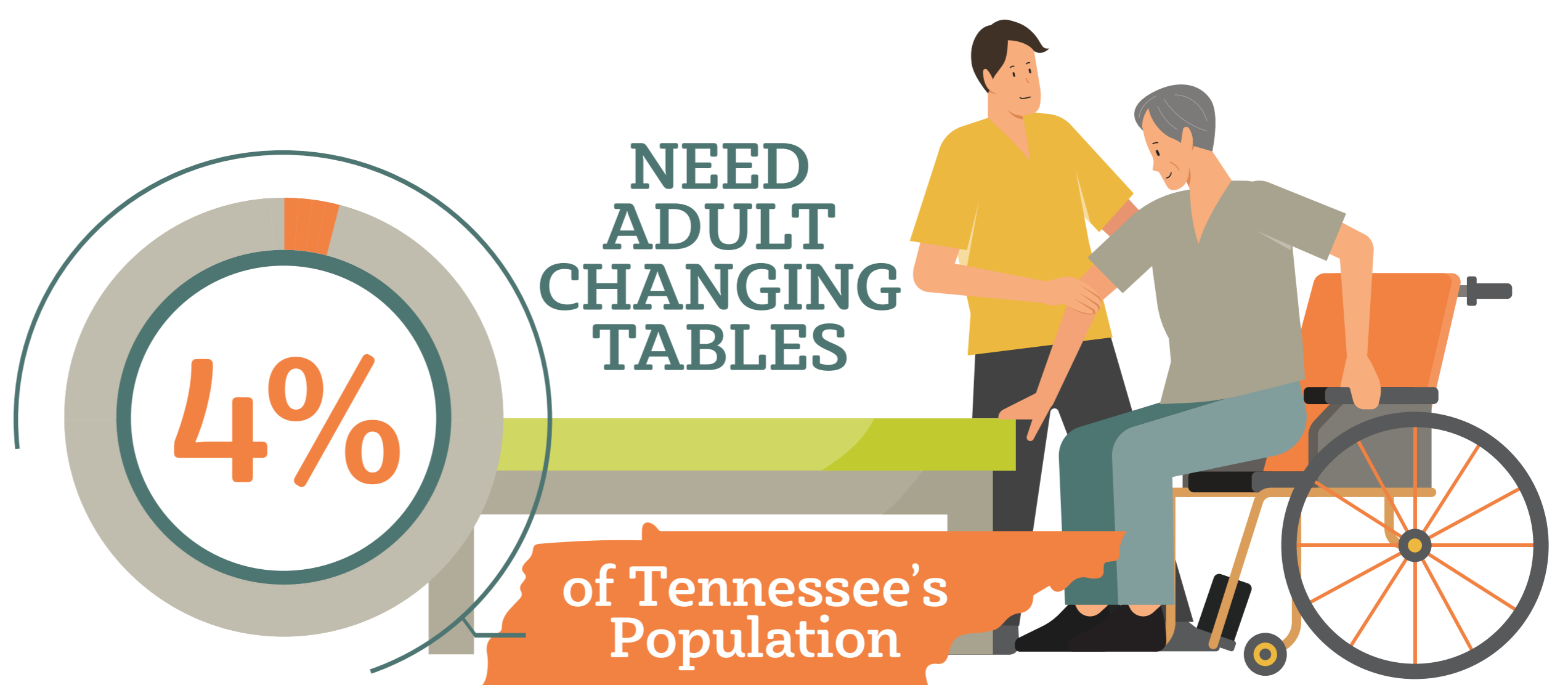
**8,000,000+**  
people in the  
U.S. need help  
with **DAILY  
SELF-CARE.**



\*SOURCE: 2019 AMERICAN COMMUNITY SURVEY, U.S. CENSUS BUREAU



We're thrilled to see venues across Tennessee installing adult changing tables. However, there is more work to be done. Join us in raising awareness of this need as we work to ensure all individuals can create memorable experiences in our community spaces. If a business you know is interested in installing an adult changing table, reach out to [PublicAffairs.DIDD@tn.gov](mailto:PublicAffairs.DIDD@tn.gov) for information on available grants.



\*SOURCE: TENNESSEE COUNCIL ON DEVELOPMENTAL DISABILITIES

## Who uses Adult Changing Tables?

- Individuals with physical and intellectual disabilities, such as Parkinson's disease, dementia, paraplegia, muscular dystrophy, or on the autism spectrum
- Children, teens, and adults with special needs
- Wheelchair users
- Senior adults



Adult changing tables are on the rise in Tennessee, showcasing the state's dedication to accessibility.